

**MODULE SPECIFICATION FORM**

Module Title: <b>Essential Psychology</b>	Level: 4	Credit Value: 20
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Module code: PSY409	Cost Centre: GAPS	JACS3 code: C800
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Trimester(s) in which to be offered: 1 or 2	With effect from: Sept 2014
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<b>Office use only:</b> To be completed by AQSU:	Date approved: February 2014 Date revised: - Version no: 1
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Existing/New: New	Title of module being replaced (if any): What is Psychology 2 (PSY403)
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Originating Academic Department: Psychology	Module Leader: Dr Sahar Hamid
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Module duration (total hours): 200 Scheduled learning & teaching hours: 48 Independent study hours: 152	Status: core/option/elective Core (identify programme where appropriate):
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Programme(s) in which to be offered: BSc (Hons) Psychology BA (Hons) Criminology and Criminal Justice	Pre-requisites per programme (between levels): None
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<p><b>Module Aims:</b></p> <ul style="list-style-type: none"> <li>To enable the students to provide an outline of traditional and contemporary psychology theories through the examination of its historical development and key theoretical perspectives</li> </ul>
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**Intended Learning Outcomes:**

At the end of this module, students will be able to:

1. Discuss and illustrate the nature of selected key theories and research in relation to: cognitive psychology, social psychology, biological psychology and individual differences (KS1, KS2, KS4)
2. Discuss theories and research in psychology in relation to selected issues and debates and in relation to research methodology and statistics (KS3, KS5)

**Key skills for employability**

1. *Written, oral and media communication skills*
2. *Leadership, team working and networking skills*
3. *Opportunity, creativity and problem solving skills*
4. *Information technology skills and digital literacy*
5. *Information management skills*
6. *Research skills*
7. *Intercultural and sustainability skills*
8. *Career management skills*
9. *Learning to learn (managing personal and professional development, self management)*
10. *Numeracy*

**Assessment:**

1. Essay on a specified topic e.g. comparison of predominant research approaches amongst the areas of psychology.
2. Unseen multiple choice questions.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting	Duration (if exam)	Word count (or equivalent if appropriate)
1	1	Essay	50%		2000
2	1, 2	Multiple Choice Questions	50%	2 hrs	N/A

**Learning and Teaching Strategies:**

The module is delivered using 12 lectures (2 hours each) and 12 practical sessions or workshops (2 hours each) including teaching or guided learning to support the lecture content. There will be a focus on the original source material within each of the four core areas which will include a combination of classic and contemporary research studies using a variety of research methods.

**Syllabus outline:**

- Introduction to Cognitive Psychology
- Introduction to Bio-Psychology
- Introduction to Social Psychology
- Introduction to Individual Differences
- Basic neurochemistry

**Bibliography:****Essential reading:**

Gross, R. (2010). *Psychology: The science of mind and behaviour* (6<sup>th</sup> ed.). Abingdon, UK: Hodder Education.

Davey, G. (2008). *Complete psychology* (2<sup>nd</sup> ed.). Abingdon, UK: Hodder Education.

**Other indicative reading:**

Martin, G. N., Carlson, N. R., & Buskist, W. (2013). *Psychology* (5<sup>th</sup> ed.). Harlow, UK: Pearson.

Gross, R. D. (2003). *Themes, Issues and debates in psychology* (2<sup>nd</sup> ed.). London, UK: Hodder & Stoughton.

Hock, R. (2012). *Forty studies that changed psychology: Explorations into the history of psychological research* (7<sup>th</sup> ed.). Upper Saddle River, NJ: Prentice Hall.

Richards, G. (2009). *Putting psychology in its place: A critical historical overview* (3<sup>rd</sup> ed.). New York, NY: Routledge.

**Journals:**

*Annual Review of Psychology*

*British Journal of Psychology*

*Psychological Bulletin*